

Reviews for *Ritual as Resource*

This book helps fill the gap between ourselves and the divine intelligence in the universe, and in the context of our time. Dr. Picucci's contribution is to be read, meditated upon, and used as a resource for a life fully lived.

Peter A. Levine, Ph.D.

Author, *Waking the Tiger, Healing Trauma*
& *Healing Trauma, a Pioneering Program for Restoring the Wisdom of our Bodies*

With the pure courage of writing "dangerously" close to the bone, Dr. Michael Picucci has given us the vision and clear air for breathing anew, in this heartfelt, beautiful work. Read it and dance toward wholeness.

Daphne Rose Kingma

Author, *The Future of Love*

For anyone interested in healthcare, *Ritual as Resource* vibrantly explores a powerful tool to facilitate healing and integration for individuals, for communities, and perhaps most importantly for a healthcare system that is itself fractured along fault lines of mental vs. physical, allopathic vs. homeopathic, and scientific vs. metaphysical.

Thomas Herington, M.A., M.D.

Clinical Faculty Univ. of Calif. San Francisco
Consultant, Kaiser Permanente Physician Education and Development

Michael Picucci has created an important and engaging work that brings the ancient practice of ritual into contemporary time and lifestyle, offering new insight and spiritual sustenance.

Clyde M. Hall

Shoshone Tribal Ceremonialist
Director, *Naraya Cultural Preservation Council*

Ritual as Resource successfully brings an ancient performance activity into the 21st century. Dr. Michael Picucci informs his readers about the "felt sense" that will acquaint them with the energies of their bodies, their partners, and their communities. His exercises are playful, yet profound; they are delightful, yet effective. Drawing its inspiration from tribal traditions and modern psychotherapy, this book contains treasures and rewards that are available in few other self-help manuals.

Stanley Krippner, Ph.D.

Co-author, *The Mythic Path*
& *Extraordinary Dreams and How to Use Them*

Ritual as Resource is beyond facilitating healing. It points to the real reason behind the human journey - continual expansion, maturing consciousness, and permeability to a multi-dimensional life that transcends the limits of personal history. Let Michael Picucci "burst your bubble" of encapsulated experience fed by the past into the full-blown power of living

in the present.

Diane Poole Heller, Ph.D.

Co-author, *Somatic Experiencing® Training Manual*
& *Crash Course: Healing from Auto Accident Trauma*

As a long time practicing Integrative Medicine physician, I am very excited by the new dimensions of possibility offered in *Ritual as Resource*. Alongside innovative transformational opportunities for individuals, communities, and organizations, this book boldly envisions an inspired ascendant pathway to an integrative healthcare system we can all feel good about.

Frank Lipman, M.D.

Author, *Total Renewal: 7 Key Steps to Resilience, Vitality & Long Term Health*

This book is a warm and welcoming guide into an engaging adventure with yourself-- the most profound mind-body-spirit healing you could ever imagine awaits you! Drawing on the best of cutting-edge science and timeless wisdom, your heart and mind will be nourished and focused well beyond your current awareness. *Ritual as Resource*, uniquely written by Michael Picucci and his ritual circle, shows us first hand the power of ritual in action and guides us to a greater understanding and ability to use rituals as a meaningful bridge to health, vitality, and fulfillment in our everyday life. Learn how the active process of collaborating with the universe of energy and information works and how you can create your own desired outcomes through the art and science of ritual.

Linda G. Russek, Ph.D.

Co-author, *The Living Energy Universe*
Director, "Heart Science Foundation"

Michael Picucci shares his journey of discovery into the use of ritual for personal and community transformation. His voice is open, engaging, and freely self-disclosing; giving a natural and flexible sense of the many ways that ritual can work in our lives. I am already integrating the inner ritual methods he describes in my life. *Ritual as Resource* offers a powerful, cutting edge support for anyone engaged in personal as well as community and professional transformation.

Denise Breton, author of *The Mystic Heart of Justice*,
Executive Director, Living Justice Press

Michael Picucci shows us how to create powerful personal rituals that become actual vehicles of transformation, providing enormous healing resources for ourselves and our planet.

Roshi Bernie Glassman

Co-founder, The Peacemaker Community

Ritual as Resource opens up new vistas for all of us who seek inspiration for implementing our potential; to heal from life's traumas and to be rewarded with the benefits of fully

engaging with our desires and senses in the world around us.

Barbara E. Warren, Psy.D.

Director, Organizational Development, Planning & Research

The New York L.G.B.T. Community Center

Bravo.....In a world so void of significant ritual, Michael Picucci offers an insightful book which not only provides a foundation for the importance and value of ritual but also shares with readers an intimate how-to list of rituals for incorporation into daily life

David Frechter, Founder, Spirit Journeys

Finally, a book that respects modern medicine, embraces Energy Psychology, and is fun to read! Thank you, Dr. Picucci, for showing us how to get on the road to vibrant living. This should be required reading for all of us.

Roberta Temes, Ph.D.

Author & Clinical Assistant Professor

Downstate Medical School, Brooklyn, NY